

Is Your Child Ready to Transition to Adult Care?

Every adolescent will eventually need to switch from pediatric care to adult-centered medical care, even children with medically complex conditions. Epilepsy Florida is here to guide you and your child through this process with the help of a Transition Coordinator and detailed, digital resources.

Pediatric to Adult Healthcare Transition

Start Discussion
Age 12-14

Provider starts the conversation of transitioning to adult care with patient

Assess and Plan
Age 14-18

Provider assesses patient's readiness for switching to adult care and a plan is developed

Complete Transition
Age 18-22

Patient is successfully transitioned to an adult provider

Age 12-13

- Help your child learn their own health condition(s), medications and allergies
- Encourage your child to ask their doctor questions about their own health

Age 14-15

- Learn what your child knows about their family medical history
- Encourage your child to see the doctor alone for part of their doctor's visits

Age 16-17

- Ask the doctor to talk with your child about their privacy rights when they turn 18
- Discuss with your child if they will need help making health care decisions
- Talk with your child about the age they want to transfer to a new doctor for adult care

Age 18-21

- Ask your young adult to talk to their current doctor about finding them a new adult doctor
- Encourage your young adult to talk to their new doctor and schedule their first appointment



Is your child ready?
Find out!



Caregiver



Youth